Priorities for mental health

Foundations

Paradigm shift

21%

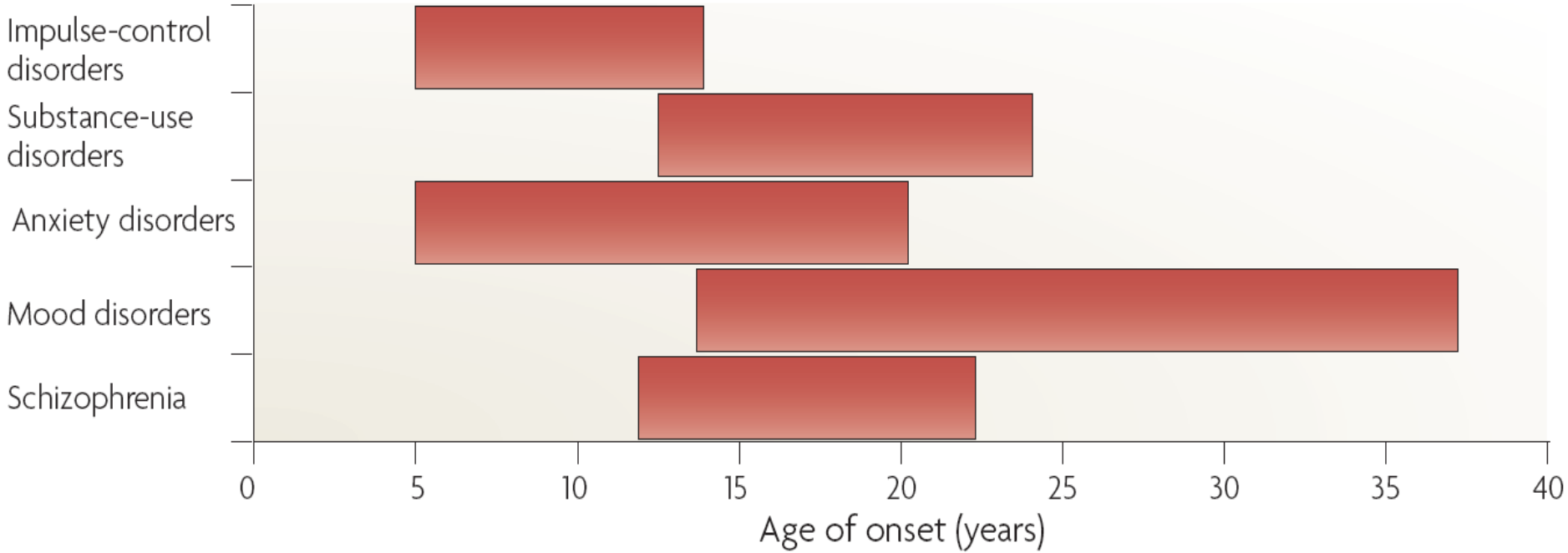
of mental health contacts are under 19 years old

Children and Young people's mental health

JUST 7 pence

Mental disorders are the chronic diseases of the young

Ranges of onset age for common psychiatric disorders



Source: Insel TR, Fenton WS. Psychiatric epidemiology: it's not just about counting anymore. Arch Gen Psychiatry. 2005; 62(6): 590-2.

1/2 1/5

LIFE LONG

mental illness

by age

3/4

LIFE LONG

mental illness

by age

“If I’d had the help in my teens that I finally got in my thirties, I wouldn’t have lost my twenties”

Fit for purpose?

School

ACE

Adverse Childhood Experiences

Men with 2 or more ACE

57%

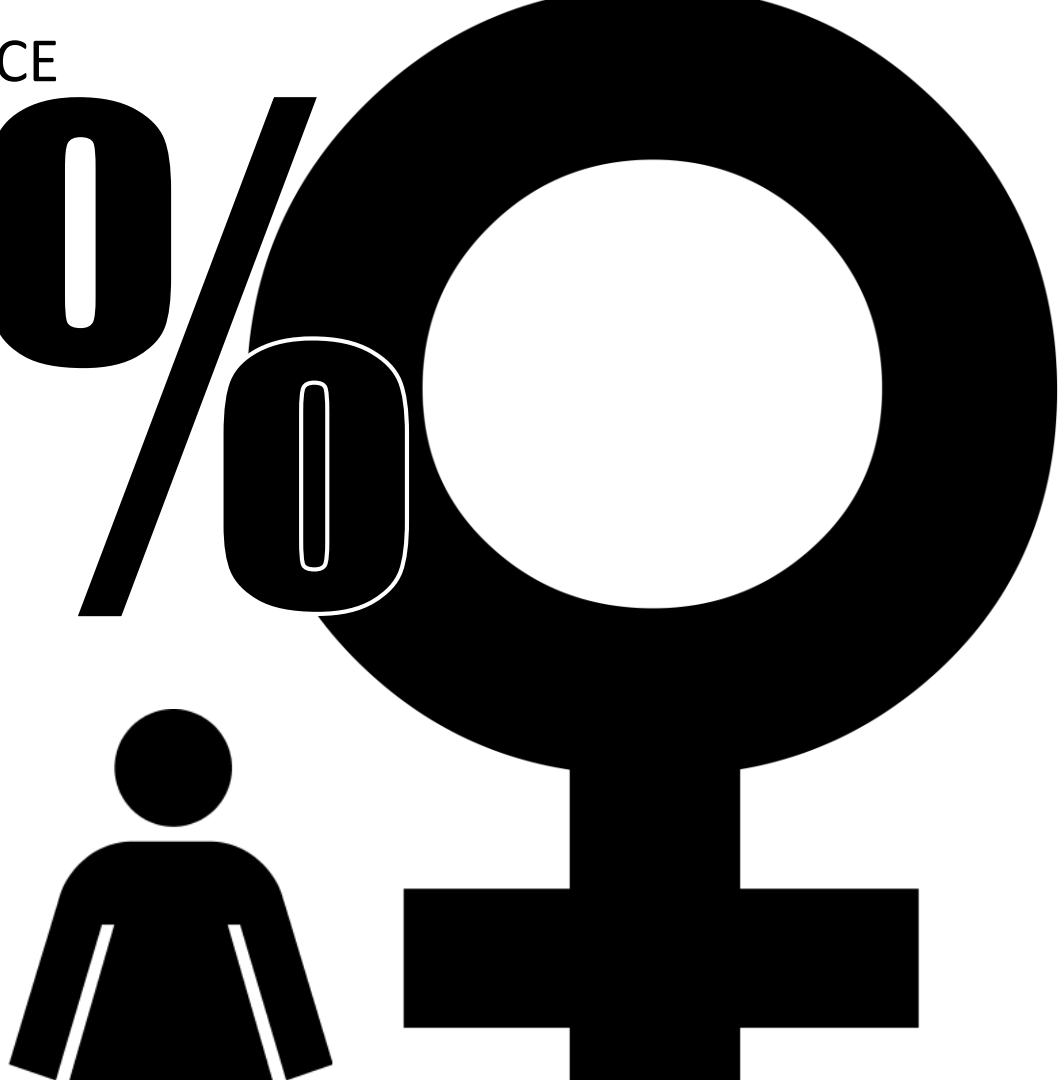
higher risk of death before age 50

Source: Kelly-Irving K, et al. Adverse childhood experiences and premature all-cause mortality. European Journal of Epidemiology. Published online July 2013

Women with 2 or more ACE

80%

higher risk of death before age 50



Source: Kelly-Irving K, et al. Adverse childhood experiences and premature all-cause mortality. European Journal of Epidemiology. Published online July 2013

40,000

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