



Public Health
England

Protecting and improving the nation's health

Mental Health: Making the Forward View Plans a Reality

Health Improvement Directorate,
Public Health England

Mental Health in England

- One in six people will experience a mental health problem at some time in their life.
- More common mental health problems (depression and anxiety) may affect up to 15% of the population at any one time.
- On average, people with serious mental illness die 15-20 years earlier than the rest of the population.
- Suicide is the leading cause of death for middle aged men.
- Mental illnesses account for the largest burden of disease in England at 23%.
- 50% of mental health problems are established by age 14 and 75% by age 24.
- The costs of mental health problems to the economy are estimated at £105 billion every year.

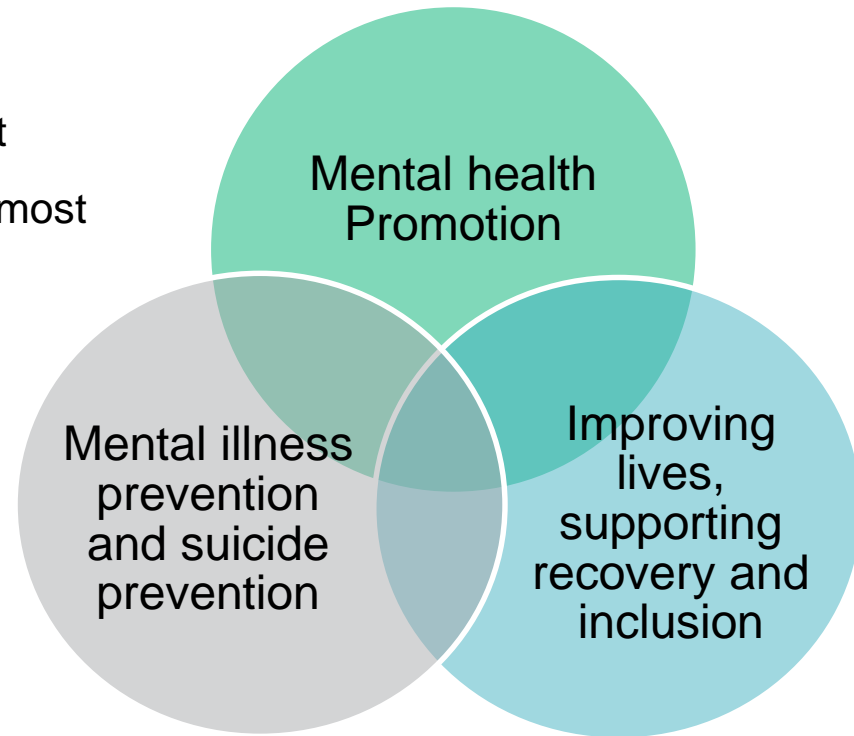
PHE's approach to mental health

Informed by the WHO approach to public mental health

Everyone, irrespective of where they live, has the opportunity to achieve good mental health and wellbeing...especially communities facing the greatest barriers and those people who have to overcome the most disadvantages. This includes those living with and recovering from mental illness.

Key themes:

- Reducing health inequalities
- Community centred approaches
- Embedding and integrating mental health
- Improving workforce capacity and competency



Five Year Forward View for Mental Health

- Published February 2016 by the NHS commissioned Independent Mental Health Task Force. Set out the commitment to transform mental health services in England and increase access by 1 million people with £1 billion extra funding to NHS
- Produced 56 recommendations for English Health Arms length bodies including NHS England, Public Health England, Care Quality Commission, NICE and others.
- Recommendations mostly focused on services, metrics and intelligence, workforce and levels of investment. Important inclusion of recommendation for Public Health England to establish a Prevention Concordat for Mental Health Programme.
- Recommendations of the report accepted in full by government on the 9th January 2017

<https://www.england.nhs.uk/wp-content/uploads/2016/02/Mental-Health-Taskforce-FYFV-final.pdf>

Prevention Concordat

‘Recommendation 2: PHE should develop a national Prevention Concordat programme that will support all Health and Wellbeing Boards (along with CCGs) to put in place updated Joint Strategic Needs Assessments (JSNAs) and joint prevention plans that include mental health and co-morbid alcohol and drug misuse, parenting programmes, and housing, by no later than 2017’

Our Aim is to Galvanise Cross Sector Action

Public mental health methodology facilitated the development of consensus on the focus and aims of the Prevention Concordat for Better Mental Health programme. Alliances coalesced on the ambitions to:

- Galvanise local and national action around the prevention of mental health problems and promotion of good mental health;
- Facilitate every local area to put in place effective prevention planning arrangements led by health and wellbeing boards, clinical commissioning groups, and local authorities; and
- Enable every area to use the best data available to plan and commission the right mix of provision to meet local needs, increase equity and reduce health inequalities.

Early agreement that the work covers prevention in the widest sense from the promotion of good mental health through to living well with mental health problems and everything in between.

Prevention Concordat for Better Mental Health

- The Prevention Concordat is intended to provide a focus for cross-sector action to deliver a tangible increase in the adoption of public mental health approaches across the whole system. This includes local authorities, the NHS, public, private and VCSE sector organisations and employers.
- The development phase has been guided by an expert steering of key national partners (listed below) and informed by wider stakeholder engagement
- We spoke to over 200 people across seven events all over England about how we could best support effective planning for public mental health.



Public Health
England



NHS Clinical
Commissioners
The independent collective voice
of clinical commissioning groups



Department
of Health



FACULTY OF
PUBLIC HEALTH



Centre for
Mental Health



Children & Young People's
Mental Health Coalition



Consensus Statement - 30 Endorsing Signatory Organisations

The Prevention Concordat launched on 30th August 2017 with 30 signatories

Steering group insights and extensive stakeholder engagement secured key national cross-sector partners. Each declaring a pledge to engage in action across the whole system, demonstrating this with a public commitment to deliver specific changes.

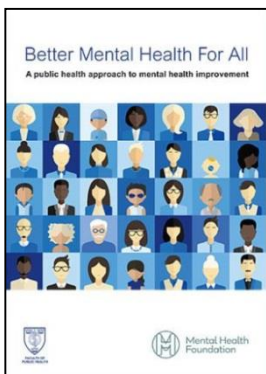
- Age UK
- Association of Directors of Public Health UK
- Association of Mental Health Providers
- Care Quality Commission
- Centre for Mental Health
- Children and Young People's Mental Health Coalition
- Department of Health
- Faculty of Public Health
- Health Education England
- Homeless Link
- Housing Associations' Charitable Trust
- Local Government Association
- Mental Health Foundation
- Mind
- NHS Clinical Commissioners
- NICE
- The National LGBT Partnership
- National Suicide Prevention Alliance
- National Survivor User Network
- National Voices
- NHS Digital
- NHS England
- NHS Improvement
- Public Health England
- Rethink
- Royal College of Nurses
- Royal College of Psychiatrists
- Samaritans
- Student Minds
- Youth Access

A Suite of Prevention Concordat Resources

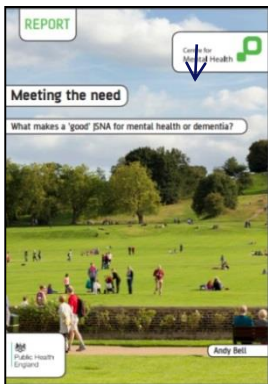
2016

Summer

December



Two rapid evidence reviews of **what works**



What does a good mental health JSNA look like?

Mental Health Joint Strategic Needs Assessment (JSNA) Online Tool

Pilot training for Elected Member **Mental Health Champions** to support prevention focused leadership

2017

February

March

August Launch

Prevention Concordat for Better Mental Health
Consensus Statement

Prevention planning resources: guide for local areas; summary; infographic and stocktake findings

Mental health return on investment **ROI tool** and commissioning guides

Mental health **JSNA** knowledge guide

Psychosocial pathways report

2018

Autumn/Winter

Multi-part programme to support adoption:

- Enhanced Mental Health Champions leadership initiative
- Masterclasses covering every PHE Centre geography (11 events)
- Engagement and activation of signatories

Suicide prevention

Recommendation three: The Department of Health, PHE and NHS England should support all areas to have multi-agency suicide prevention plans in place by 2017, reviewed annually thereafter and supported by new investment

leading to.....

10% reduction in suicide by 2020/2021

Attached to funding of.....

£5 million 18/19

£10 million 19/20

£10 million 20/21

Policy Developments

- Refreshed suicide prevention strategy – launched by PM January 2017
‘shocking reality’ of 13 suicides per day in England’

Self harm in its own right

Suicide bereavement support

Better targeting of high risk groups

Improved data at national and local levels.

- **Health select committee on suicide prevention**

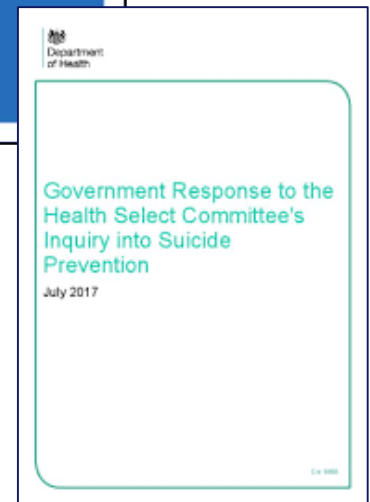
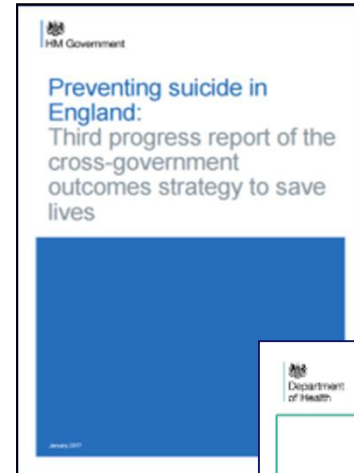
Implementation

Services to support people who are vulnerable to suicide

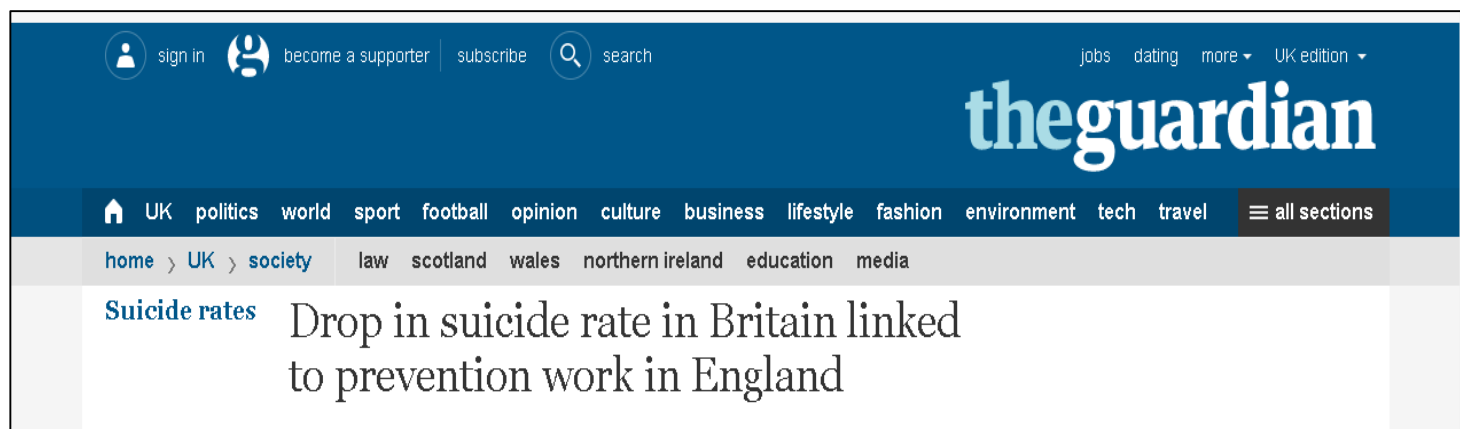
Consensus statement

Data

Media



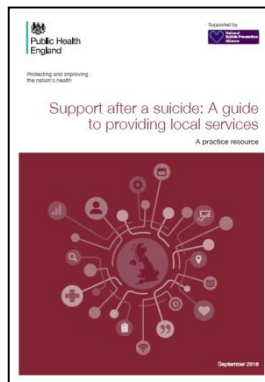
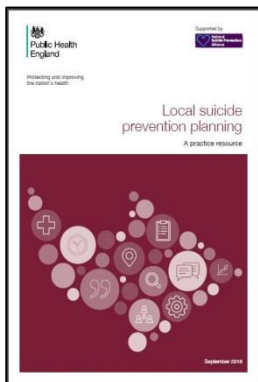
Progress towards 10% reduction in suicide



- Recent ONS statistics for 2016 show a 6% fall in the suicide rate in England, 245 fewer deaths. The male suicide rate has fallen for three consecutive years and the recent rise in female rate has reversed.
- Provisional data for the first half of 2017 suggests a further fall.
- However, still 5668 deaths in 2016, 1 every 90 minutes. Leading cause of death for men and among the leading causes of death for new mothers
- Inequalities persist – 3-fold difference in LA rates from Middlesbrough to East Hertfordshire

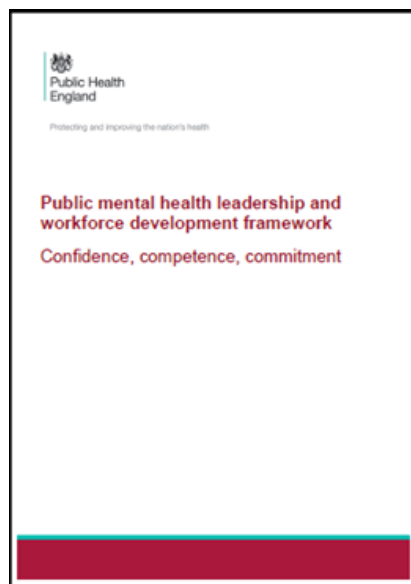
Progress towards taskforce recommendation

- PHE have released a suite of guidance, data, and research to support delivery. This was supported by 9 masterclasses across England and a webinar.
<https://www.gov.uk/government/collections/suicide-prevention-resources-and-guidance>.
- In January 2017 we published our survey of local authority multi agency suicide prevention plans, which showed that 95% have plans or intend to develop one. This information is available in an atlas of variation.
<http://healthierlives.phe.org.uk/topic/suicide-prevention>
- We are supporting DH to undertake sector led improvement, planned for later this year. We are also proactively working with the six local authorities who stated that they had no plans to develop a plan and are making good progress.
- We are working with NHS England and Department of Health to ensure the £25 million allocated to suicide prevention is targeted effectively to reduce suicide by at least 10%



PMH Leadership & Workforce Development

Framework published 2015



building the mental health competence of the public health workforce and the public health competence of the mental health workforce



<https://www.gov.uk/government/publications/public-mental-health-leadership-and-workforce-development-framework>



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Thank you

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