Mayden

YPAS
Young Person's Advisory Service

Case Study: Learning from Liverpool CAMHS

A voluntary sector partner's experience

Helen Barnes, CYPMH Champion, Mayden
Nik Kavanagh, Data Lead and Therapist, Young Person's Advisory Service

#MHOFE @YPASLiverpool @mhealth_helen @iaptustweets

Providers that we support

Mayden's mission is to create digital technology that changes what's possible for clinicians and patients

We work with providers of all sizes and backgrounds

National investment in early support in schools

Early intervention and support in schools and community settings is key

The NHS Long Term Plan committed to **Mental Health Support Teams** (MHSTs) being rolled out to cover at least 20-25% of the country by 2023 - there are now more than 300 MHSTs working in over 3,000 schools

Findings of the Early Intervention Foundation review of the effectiveness of school-based interventions "***CBT interventions delivered by external professionals provide the strongest evidence of impact***"

www.ypas.org.uk

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Services

- Crisis Drop-In
- Counselling & Psychotherapy Services ›
  - Individual Therapy
  - Seedlings
  - Systemic Family Practice
  - Wings – Domestic Abuse Therapy
  - Quest – Youth Justice Therapy
  - Spinning World-YPAS
- Wellbeing Services ›
  - Information Advice and Guidance (IAG) ›
  - LGBTQ+ Support ›
  - Seconday School Wellbeing Clinics
  - Open Access Group Sessions ›
  - Parental Support ›
  - Primary Care Liaison Service
  - Youth Justice IAG

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Delivery

2021 YPAS Reached

9576 CHILDREN, YOUNG PEOPLE, PARENTS AND FAMILIES

- 6,420 CHILDREN AND YOUNG PEOPLE
- 2,238 PARENTS
- 918 FAMILIES

2021 YPAS Provided

49,901 APPOINTMENTS / CONSULTATIONS: THERAPY AND SUPPORT

- 18,927 FACE-FACE
- 9,964 DIGITAL VIDEO
- 20,795 TELEPHONE
- 215 OPEN ACCESS / DROP-IN'S

2021 Delivery Venues

- 3 YPAS COMMUNITY HUBS (NORTH, SOUTH & CENTRAL)
- 123 PRIMARY SCHOOLS
- 33 SECONDARY SCHOOLS
- 92 GP SURGERIES
- 14 CLINICAL NETWORKS
- VARIOUS CITYWIDE COMMUNITIES

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Send SMS

Create SMS

Send

SMS History

Options: Print Section

SMS Message: YPAS Appointment Reminder: 16/02/2022 at 12:00pm wit
Scheduled Delivery: 15/02/2022 12:00
Date Created: 02/02/2022
Status: Delivered to Handset
Date Queued: 15/02/2022 12:09

SMS Message: YPAS Appointment Reminder: 16/02/2022 at 8:00am with
Scheduled Delivery: 15/02/2022 12:00
Date Created: 02/02/2022
Status: Delivered to Handset
Date Queued: 15/02/2022 12:09

SMS Message: YPAS Appointment Reminder: 18/02/2022 at 9:00am with
Scheduled Delivery: 17/02/2022 12:00
Date Created: 15/02/2022
Status: Delivered to Handset
Date Queued: 17/02/2022 12:07

Since the introduction of Appointment Reminder SMS the appointment DNA rate has reduced by over

50%

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The in-built iaptus CYP Help section and User Guides have allowed us to develop service specific induction processes.
The Support function allows users to request support with iaptus or ask questions.

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Reports

- The Hypercube reporting function has provided YPAS with vital information and allows us to extract data to enable YPAS to identify trends, themes and patterns.

- YPAS has been able to successfully submit monthly MHSDS data to NHS Digital, including ROMs (Routine Outcome Measures) for children and young people, as well as reporting to local NHS commissioners.

- Recently, we had the chance to apply for funding to establish a new crisis drop-in service for 16-25 year olds. We were able to provide data from iaptus CYP that was vital to us securing the funding.

Spend more time with the children and young people in your care

Find out more about how iaptus CYP is supporting CYPMH service providers in community and education settings

www.iaptus.co.uk

- Care pathways tailored to your service
- Online self-referrals and health professional referrals
- Appointment booking and management
- Securely record individual and group sessions
- Integrated video appointments
- Measure outcomes and learn from your data

- Report data to the MHSDS
- Cloud based, work from anywhere

Mayden

- Join the ‘**lunch & learn’** at our stand today at **1.45pm**
- Book your place at our iaptus CYP webinar on 30th June
- Pick up a copy of the case study with Young Person’s Advisory Service
- And our guide to choosing a system for your school mental health support team

Mayden

Thank you

Contact us:

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