Sarah Hutchings – Head of Engagement
Amy Salt – Engagement Manager

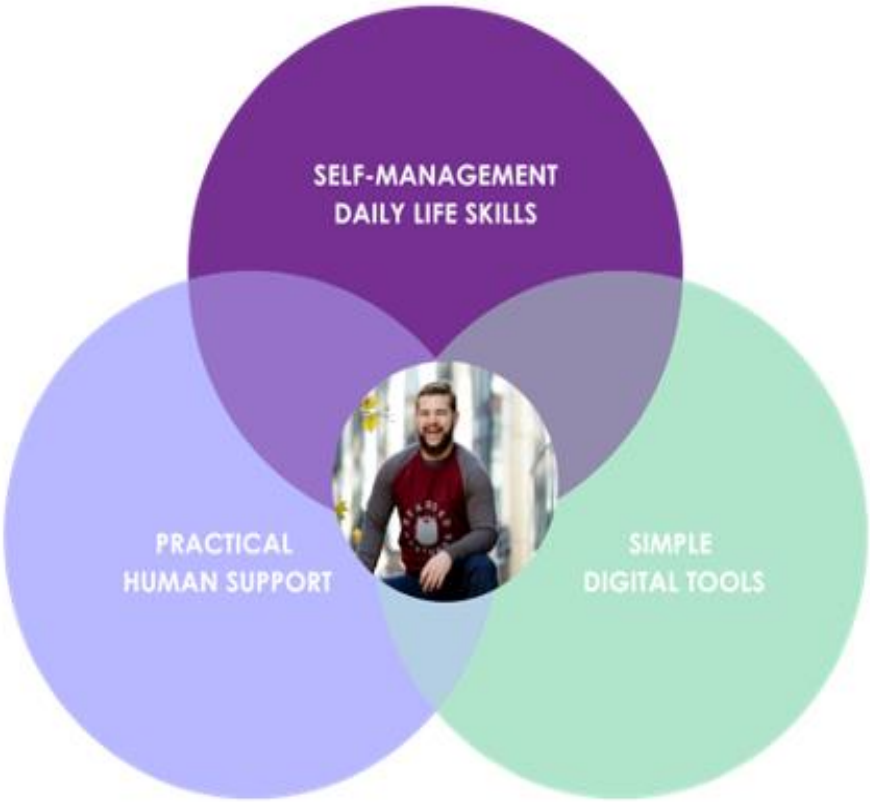
Helping Students Succeed in Education

brainin hand
personal technology for independent living

More than an academic organiser

A unique, holistic, need-based solutions:

best of technology,
best of human support
combined



A proven track record

Approved for use by:

Department for Work & Pensions

Department for Education

Crown Commercial Service Supplier

ESPO

Rated & approved:

ORCHA

CYBER ESSENTIALS PLUS

dtac

Awards & fellowships:

BURBERRY BDA British Diversity Awards

SBRI HEALTHCARE

Phase 1, 2 & 3 Small Business Research Initiative (SBRI) grants from NHS England awarded to businesses with scalable solutions to answer unmet need in health and social care

NHS England

The AHSN Network NHS Innovation Accelerator

NHS England and NHS improvement initiative to scale innovation nationally, in 2021.

Working groups and memberships:

All-Party Parliamentary Group for assistive technologies

Supporter of All Party Parliamentary Group for Assistive Technology

AMOSSHE

Business membership of AMOSSHE

BATA

Business members of BATA (British Assistive Technology Association)

NADP

Vice Chair and members of NADP

"Brain in Hand meets the minimum needed evidence of research effectiveness for Tier C of NICE Standard Evidence Framework for Digital Health Technologies.*"

**The NICE evidence standards framework (ESF) describes the evidence standards for digital health technologies to demonstrate their value. Tier C is currently the highest evidence standard for digital technologies.*

Real Impact Grounded in Evidence

DSA 2022 Student Evaluation

Objective

To evaluate how Brain in Hand has supported students' overall wellbeing and show how students have overcome barriers at University and in their day-to-day life, whilst using Brain in Hand.

233 student respondents

Areas of life where BiH makes the most impact

- Managing anxiety
- Managing daily routines
- Remembering things
- Organisation

2022 DSA survey - 233 student respondents

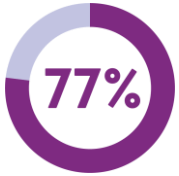
How BiH enables DSA students to achieve more

of students said that they feel more confident managing their day-to-day activities (e.g., university life)

of students felt more able to participate at university

of students felt more able to cope with day-to-day stressors

of students felt they have an improved quality of life



agreed that Brain in Hand has helped them overcome challenges at university

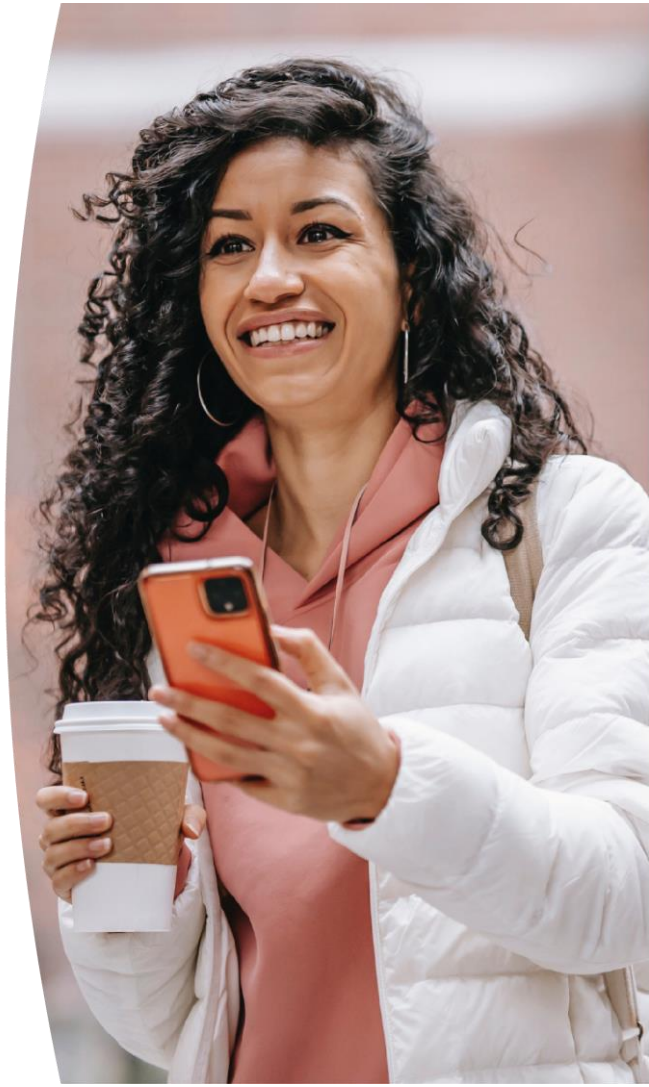
of students would recommend Brain in Hand to other students

2022 DSA survey - 233 student respondents

Key themes from user stories:

- Increased independence and confidence
- Improved organisation and timekeeping
- Increased ability to manage emotions and spot patterns in moods

2022 DSA survey - 233 student respondents



Megan

Student, University of Worcester

> ***University used to take so much out of me that I wouldn't know how to plan the rest of my time… Now I'm ok because I have a consistent routine in… I'm not getting overwhelmed anymore or constricting myself… It's taken so much anxiety out and put enough structure in for that to happen.***

- An increased routine meant that Megan had decreased anxiety inside and outside of University
- She went on to live in a "big city" abroad for a year with the support of Brain in Hand
- She is now thinking about doing a Masters in Edinburgh, as she now feels she can cope
- Megan said she would have quit halfway through the year if it wasn't for Brain in Hand

Aaliya

Student, University of Derby

> ***I suffer with social anxiety… I had a lot of trouble just with the idea of going to University…the idea of strangers… being stuck in a lecture with 90 other students being asked to talk about ourselves… on top of that I had new things to remember… Just being organized and coping was hard***

- One of Aaliya's goals was around confidence in social situations; she wanted to be a “social butterfly.”
- She said she had achieved this goal: “100% achieved... If it weren’t for the app, I would have been a shell of the person I am now… my confidence was 0, and now it’s 110%... I feel a lot more confident; I can’t shut up now! I can talk to anyone!”
- “Before, if I knew something in a lecture, I wouldn’t speak up…” but now Aaliya says she uses her solutions in BiH to speak up and contributes to group work

“Brain in Hand has opened up a world of opportunity for me, which I didn’t even think was possible”

Megan, University of Worcester

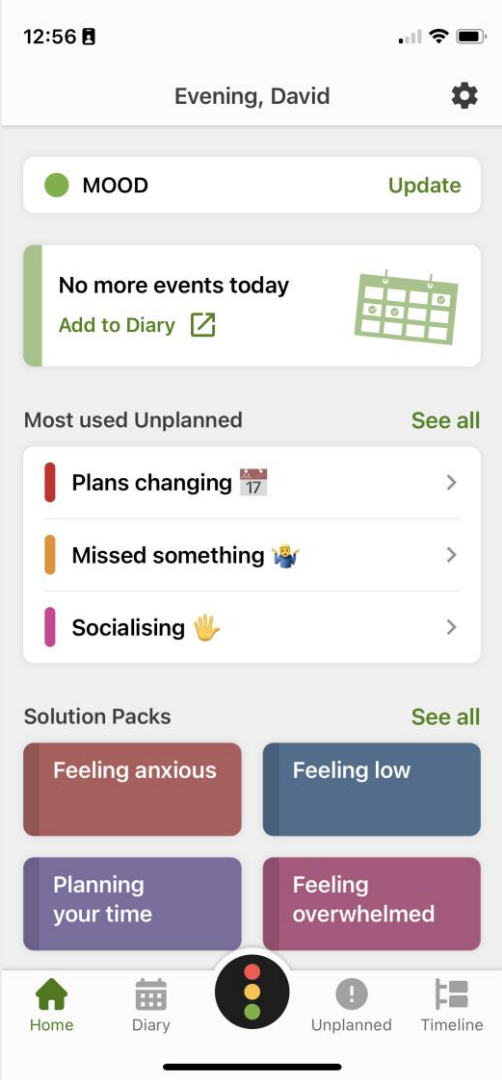
“It’s been life changing I use it all the time and don’t know what I would do without it!”

Anonymised student

Download the app.
Try it for yourself.

Download Brain in Hand for free from the Apple App Store or Google Play Store onto your iOS or Android smartphone or tablet device.

Username: **student@bih-demo**

Password: **StudentDemo123**

Please do not share these sign-in details, as the account does not have full functionality.