NHS

Greater Manchester, Lancashire and South Cumbria
Strategic Clinical Networks

GM Devolution CAMHS Revolution

Dr Sandeep Ranote

Director Clinical Networks – North West Boroughs

CAMHS Lead – GM Partnership and GM NHSE Networks

Transforming Starts with Talking

https://youtu.be/TBlt-UQVSLQ

https://youtu.be/irADsjrhljI

The CAMHS Journey

CQC Review of CAMHS 2017

5 year forward view for MH 2016 & next steps

1989 UN rights of the child & UK Children Act

Child & family consultation clinics early 1990s

Child guidance & psycho analysis model 1920s

2011 No health without mental health & time to change

1995 Together We Stand (HAS) & HON handbook on child & adolescent mental health (DOH)

2000 NHS plan 50 new EITs and local CAMHS strategy

2012 CYP health outcome strategy

2014 crisis care concordat

2013 CYP outcomes forum

1998 Specialist CAMHS and tiered model and sure start

2015 Future in Mind

2009 New Horizons

2003 every child matters

2004 NSF for CYP

2008 TAMHS

Why Should CAMHS be Seen & Heard ?

- Mental health – 23% health burden
- Mental health – 11% health budget
- CAMHS – 7% of the MH budget
- Mental health disorder – 10% of CYP

What Will be Different?

- Future in Mind 2015
- £1.25 billion over 5 years
- Whole system approach
- Local transformation plans
- Needs led around children, young people and families
- GM Devolution opportunity…….

2015 LTP analysis

NHS England

CYPMH Prevalence

CYPMH Staff

0.7 WTE

Approx average CYPMH clinical workforce WTE in England per 1000 0-17 year olds (Tier 2&3)

Approx average total CYPMH workforce WTE in England per 1000 0-17 year olds (Tier 2&3)

0.9 WTE

CYPMH Expenditure

Approx Average CYPMH spend per child general 0-17 years population

£78

Approximate annual spend on CYPMH 14/15

£273m Approx annual NHSE spend on CYPMH 14/15

+

£628m Approx annual spend on CYPMH 14/15 by CCGs and Local Authorities

Approx average annual CYPMH spend by funding source % in England

CYPMH Referrals

270k Approx annual total CYPMH Referrals 14/15

24 Approx average annual total CYPMH referrals per general population 1000 0-17 year olds (Tiers 2/3)

Approx Average annual total CYPMH referrals per general 1000 0-17 year olds compared to total CYPMH spend per 1000 0-17 year population £'000s (CCG and LA only)

Approx annual total CYPMH referrals accepted per general 1000 0-17 year olds in England

Summary of approach to key vulnerable groups

NHS England

The graph below presents the % of LTP areas that evidenced current or future plans for particular key vulnerable groups.

Participation

NHS England

CYP Engagement

100%

CYP, parents & carers engaged influenced or were directly involved in formulating their plans

Including…

80%
held public engagement events or face-to-face consultation workshops with CYP

50%
used online or hard copy surveys to collect CYP feedback

50%
engaged and collaborated with Youth Groups (e.g. Youth Councils or Youth Cabinets)

20%
engaged and collaborated third sector organisations to engage with CYP

CYP Participation

65%
talked about co-production in CYPMH

And…

30%
evidenced specific examples of current or future co-production initiatives

90%
evidenced some form of involving CYP and Parents & carers in commissioning of services

40%
evidenced current or future plans for involving CYP and parents & carers in decision making on CYP Mental Health Services

And…

90%
evidenced current or future plans for involving CYP in their treatment decisions, mainly through participation in CYP IAPT

Future Plans

20%
are developing and engagement plan or communication strategy for future engagement

And…

10%
Are planning to have a dedicated engagement or participation officer

15%
are planning on developing easy read plans

Joined up system

NHS England

Local Authority Engagement

100%

CCGs and Local Authorities are working together in the design of the transformation plans

Including…

90%
partnership with Public Health colleagues

90%
Health and Wellbeing Boards maintaining oversight of plans

90%
collaboration with education colleagues or consultation with local primary and secondary schools

80%
engaged and collaborated with Youth Offending Teams

Collaboration with NHSE and adult services

65%
engagement with adult commissioners and providers

And…

30%
specific examples of existing transition protocols

70%
varying levels of engagement with specialised commissioning

And…

25%
current coordination of community health and inpatient services with NHSE

Future Plans

50%
future plans of working with mental health liaison teams

And…

30%
planning to embed evidence based interventions, including CYP IAPT and Community ED services

40%
current or future plans of implementing the THRIVE model

60%
current or future plans of co-locating CYP MH services or cross-organisational teams

CYPMH Transformation: cross-system responsibilities

NHS England

Work and health, parenting

NHS Provider oversight

NHSI

DWP

DfE

Schools, parenting, children's social care Ofsted

Policing CSA/E

HO

HEE

Workforce

Prevention, health visitors School nurses JSNA

PHE

MoJ

Health and Justice

By 2020 there will be system-wide transformation of the local offer to children and young people underway, with LTPs embedding *Future in Mind* principles and fully integrated into STPs across the country.

DH

Whole health system stewardship

CQC

Quality

DCLG

Troubled Families, social care, housing and built environment

NHS England

Planning assurance S

NHS Digital

Data

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Contributing to the 2020 vision

NHS England

By 2020 there will be system-wide transformation of the local offer to children and young people underway, with LTPs embedding *Future in Mind* principles and fully integrated into STPs across the country:

At least 70,000 more CYP receiving swift and appropriate access to care each year
Completed national roll-out of CYP IAPT programme with **at least 3,400 more staff in existing services trained** to improve access to evidence based treatments
1,700 additional new staff to support improved access to evidence based treatments
Evidence based community eating disorder services for CYP across the country 95% of those in need of eating disorder services seen within 1 week for urgent cases & 4 weeks for routine cases.
Improved access to and use of inpatient care, having the right number and geographical distribution of beds to match local demand with capacity, and leading to **an overall reduction in bed usage**.
Improved crisis care for all ages, including investing in places of safety

National work streams outside NHS England include

NHS England

- Health Education England – Workforce strategy, training posts, new roles, self harm training, MindEd
- Improved data - prevalence data, Mental Health Services dataset, revised *FingerTips* tool
- PHE : Prevention and early intervention, including new *Prevention Concordat*, *Return on investment calculator*, JSNA guidance, refresh of 'You're Welcome' Standards, public health approach to resilience, data and fact sheets
- Anti Stigma campaign
- DH research strategy, Voluntary and Community programme, Health Based Places of Safety, Routine Enquiry
- DfE schools survey, peer support, adoption support
- Shared DfE DH Looked After Children Expert Reference Group
- Home Office work on CSA/CSE

Getting ready for 2017 – 18

NHS England

- **Implement revised LTP and consolidate into STP :**
  - Continued CYP and parent participation
  - Set objectives and trajectory to 2020 (including improved access)
  - Joint agency working - schools and colleges , LA, Voluntary sector, providers, Justice
- **Workforce planning**
  - Whole system plans - link to HEE regional leads and Trust based planners
  - Training posts
  - Extending CYP IAPT in more depth – new curricula and further training
  - New roles
- **Get ready for Evidence Based Treatment Pathway trajectory for Eating Disorders, Generic and Crisis**
  - Ensure data including outcomes data is robust and flowing to MHSDS
  - Commission evidence based Easting Disorder Services
  - Plan for Crisis and intensive intervention services
- **As Inpatient Services are recommissioned get ready for further opportunities for joint commissioning**
- **Improve joint work with health and justice systems**
  - Get to know Police and Crime Commissioners
  - Consider integrated pathways
- **CPD**
  - Commissioner Development Programme

GM Devolution: CAMHS Revolution

Creating the rainy city to rival the Windy City……

Whole person, integrated care

Population health based

Systems leadership

GM Devolution

- GM Mental Health programme delivery board
- CYP MH Board
- One Strategy
- Ten Local Transformation Plans – aligned into one vision
- One single GM CAMHS service spec
- GM Standards
- Priority Areas aligned with FIM
- Universal Children's Board

GM Devo Children and Young People's Mental Health Strategic Priorities

2017

- CEDS CYP
- ADHD
- Crisis Care
- Tier 4
- Thrive/I-Thrive proposal and bid

2018

- Crisis Care redesign and tier 4 implementation (£14m)
- Mental health intervention in education setting (£1m)
- I-thrive training hub (£2.5m)
- Transition to 25 years – CEDS and ADHD
- Perinatal mental health
- Student mental health – Universities (£?)

GM Devo Opportunities

- A networked approach for workforce and service development
- Developing a shared language across the system
- An integrated whole system crisis response
- Inpatient care within the footprint: GM beds 4 GM Kids
- GM Thrive training hub
- GM service spec and GM data dashboard

Thrive Model

Caring for young minds
Anna Freud Centre

The Tavistock and Portman NHS
NHS Foundation Trust

Children & Young People

A third of our population BUT all of our future

@GMLSC_SCNs

#time4CAMHS2Bseen&heard
#scncamhsconf

Shared Society
Prime Minister's announcement January 2017 and CYP MH

- Green paper - DfE, DH with a focus on prevention
- More for schools
  - Mental Health First Aid in schools
  - peer support
  - RCTs
  - extension of training offer for single points of access
- Understanding what works in schools settings
- CQC and Ofsted review
- Digital
- 'Think Ahead' Social Worker programme

GM DEVOLUTION: HEALTHCARE REVOLUTION