Department of Health

Department for Education

Transforming Children and Young People's Mental Health Provision: a Green Paper

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What's already happening?

- Children and young people's mental health continues to be a top priority area for this Government.
- We are committed to delivering the vision set out in *Future in Mind*.
- For CYP mental health support, we are making available an additional £1.4bn, which includes £150m for eating disorders and £75m for perinatal mental health services, from 2015/16 – 2019/20.
- Last year we saw a 20% increase on Clinical Commissioning Group spend for CYP mental health, rising from £516 million in 2015/16 to £619 million in 2016/17.

Green Paper publication

- PM announced a Green Paper to tackle the “burning injustice” people with mental health problems face
- Developed jointly with Department for Education
- Green Paper published 4 December 2017

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Transforming Children and Young People’s Mental Health Provision: a Green Paper

Presented to Parliament
by the Secretary of State for Health and Secretary of State for Education
by Command of Her Majesty

December 2017

Cm 9523

Department
of Health

Green Paper core proposals

1.We will **incentivise every school and college to identify a Designated Senior Lead for Mental Health** to oversee the approach to mental health and wellbeing. All children and young people's mental health services should identify a link for schools and colleges. This link will provide rapid advice, consultation and signposting.

2. We will **fund new Mental Health Support Teams**, supervised by NHS children and young people's mental health staff, to provide specific extra capacity for early intervention and ongoing help. Their work will be managed jointly by schools, colleges and the NHS. These teams will be **linked to groups of primary and secondary schools and to colleges**, providing interventions to support those with mild to moderate needs and supporting the promotion of good mental health and wellbeing.

3. We will **trial a four week waiting time for access to specialist NHS children and young people's mental health services**. This builds on the expansion of specialist NHS services already underway.

Timeline for delivery

- At least a fifth to a quarter of the country by the end of 2022/23.
- Preparation for the rollout of the new Mental Health Support Teams from 2018:
    - expanding training provision for the new mental health workforce
    - recruiting initial trailblazer areas
    - recruiting the first group of trainees to staff the new teams.
    - begin the first wave of training from September 2018
- Trailblazer areas, operational from 2019, supported by robust evaluation to understand what works.
- Rollout to be determined by the success of the trailblazers, and securing funding after 2020/21, the end of the Government's current spending period. This will be part of future spending review decisions.

Funding to support the Green Paper proposals

- Government will make available additional funding to support the rollout of the Green Paper plans.
- If implemented as set out in Green Paper, plans for Mental Health Support Teams piloting a waiting time standard and rolling out Mental Health First Aid in primary schools cost £215m over three years from financial year 2018/19
- With £15m-£20m a year also provided by Department for Education to support training of Designated Senior Leads in schools.
- On top of current funding for mental health transformation.

Wider action: education

School policies

- DfE will update Mental Health and Behaviour Guidance
- DfE will review the existing requirements on schools for publishing policies and information for parents and carers – should these requirements be updated to properly reflected school approach to mental health?

Staff training

- A member of staff in every primary and secondary school in England to receive mental health awareness training

Curriculum

- Every child to learn about mental wellbeing – national review of PSHE, relationships and sex education in secondary schools, and relationships education in primary schools will include a specific focus on how mental health and wellbeing can support healthy relationships and how best to secure good quality teaching for all pupils through PSHE

Wider action: social media

- A **working group will be convened of social media and digital sector companies to explore what more they can do to help us keep children safe online**, aligning with work underway through the Department of Digital, Culture, Media and Sport's recently published *Internet Safety Strategy*.

- The Chief Medical Officer will produce **a report on the impact that technology has on young people's mental health**

Wider action: research

- As part of the commitment to improving their mental health, **we will commission further research** into interventions that support parents and carers to build and/or **improve the quality of attachment relationships** with their babies
- We will commission research on **how to engage more vulnerable families**
- We will work with the What Works Centres to publish and promote guidance for local areas to encourage **evidence-based commissioning of interventions aimed at supporting parents and carers**

Wider action: 16-25 year olds

- We will draw on the findings of the CQC thematic review, and data from the Commission for Quality and Innovation (CQUIN) scheme (financial incentives for CCGs to plan for good transitions) to **assess whether further action is required to improve the experience and outcomes of transition**

- We will **set up a new national strategic partnership with key stakeholders focused on improving the mental health of 16-25 year** olds by encouraging more coordinated action, experimentation and robust evaluation

Respond to the consultation

- Online consultation questions at https://engage.dh.gov.uk/youngmentalhealth/
- Young people aged 15 and under can respond with their parent / guardian's consent
- The consultation will be open for 13 weeks, closing at noon on 2 March 2018
- Consultation will include focus groups with young people, including those with experience of mental health services
- Promote the consultation – social media toolkit available #youngmentalhealth

Contact us:

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