HOW TO SPOT A CHILD THAT’S STRUGGLING.

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AWARD WINNING BLOGGER AND BESTSELLING AUTHOR

TEEN PROBLEMS ARE REAL PROBLEMS!

- Making new friends… and falling out with them!
- New and direct learning styles. Such as, being singled out in class or asked to share their work with a group
- A desire for independence and privacy, which can lead to conflict with parents
- Puberty
- Social media
- Exam pressure and stress.

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KEY SIGNS TO LOOK OUT FOR

- Seeming distressed or ‘on edge’ in class.
- Day dreaming and difficulty in concentrating.
- Avoidance Tactics, such as, asking to leave the classroom to use the toilet. Or regular absence from school in general.
- Skin picking, pulling out hair and excessive fidgeting.
- A decline in academic performance.

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