MANCHESTER 1824
The University of Manchester

Why children's mental health is important

1 IN 10 children and young people experience a mental health issue at any one time

IN THE PAST YEAR ALMOST **20,000** young people contacted Childline with suicidal thoughts – that's more than double the number five years ago

In an average group of 30 15-year-olds:

7 Seven are likely to have been bullied

1 One could have experienced the death of a parent

10 Ten are likely to have watched their parents separate

6 Six may be self-harming

Public Health England, 2015

MHFA England

MANCHESTER 1824
The University of Manchester

The cultural argument: A therapeutic turn

MANCHESTER 1824
The University of Manchester

The cultural argument: A therapeutic turn

MANCHESTER 1824
The University of Manchester

The economic argument

50% of mental health problems are established by age 14 and 75% by age 24

(Kessler, Berglund, Demler, Merikangas & Walter, 2005)

"The only function of Economic Forecasting is to make astrology look respectable."

(John Kenneth Galbraith)

Economic Sociology and Political Economy community

MANCHESTER 1824

The University of Manchester

Department for Education

Future in mind

Promoting, protecting children and young people's mental health and wellbeing

- PM: "I want us to employ the power of government as a force for good to transform the way we deal with mental health problems right across society"
- comprehensive package of reforms to improve mental health support at every stage of a person's life – with an emphasis on early intervention for children and young people
- leading mental health figures to undertake independent expert report on companies' work to support mental health

...n and ...ur in schools

March 2016

Mental Health First Aid skills are important in schools

10% of children have a mental health issue—that's around 3 in every class[1]

1 http://www.youngminds.org.uk/training_services/policy/mental_health_statistics

MHFA England

MANCHESTER 1824

The University of Manchester