The NHS Long Term Plan for People with Learning Disabilities & Autism

Learning Disabilities and Autism:
Promoting Positive Outcomes

12th March 2019, Manchester

The NHS Long Term Plan

- Published in January 2019
- An ambitious and wide-reaching plan for the whole of the NHS
- Focusses on the delivery of health services for the next 10 years
- Aims to ‘Future Proof’ the NHS and ensure our health service is fit for the future

Why & How?

***Why* does the NHS need to change?**

- Funding challenges
- Workforce pressures
- Increasing health inequalities
- An aging population

***How* does the NHS need to change?**

- Ensure value for money
- Provide better support for staff
- Reduce health inequalities
- Improve services for patients

Strategy

NHS

- Ensure people have a good start and end of life
- Focus on health inequalities and major health conditions
- Promote system-wide working and broaden notions of ‘care’ and wellbeing (lives)
- Focus on staff wellbeing and workforce challenges
- Ensure services are ‘digitally-enabled’
- Ensure services provide value for money

What should patients see?

NHS

- Better access to health services
- More responsive services in their local communities and closer to home
- More personalised and flexible care
- More service-user involvement in care and service development
- Increased use of digital technologies and IT
- Sustainable health services for the future

What should services see?

NHS

- More joined-up primary, community & secondary care, increased ‘out-of-hospital’ care and reduced pressure on emergency hospital services
- Patients, Service-Users, Families and Carers much more involved as key service-delivery partners
- Increased focus on population health and broad views of wellbeing and care
- Greater synergy between health & social care services
- More developed IT infrastructure – digitally enabled services
- Increased role of Integrated Care Systems

Clinical Priorities

1. Cancer
2. Mental health
3. Care for people with two or more chronic medical conditions
4. Supporting people to age healthily and tackling issues such as dementia
5. Children's health (incl. Maternity & Neonatal health)
6. Cardiovascular and respiratory diseases
7. **Learning disability and Autism**

The Long-Term plan for Learning Disabilities & Autism

People with learning disabilities and/or autism should lead longer, happier and healthier lives in their communities.

The Long-Term plan for Learning Disabilities & Autism

1. Reduce mortality and the number of preventable deaths
2. Improve understanding of learning disabilities and autism within the NHS
3. Reduce waiting times for specialist services
4. Establish more care in the community; less care in hospitals and ensure services are inclusive; ***"all means all!"***
5. Improve the quality of inpatient care across the NHS and the independent sector

The Long-Term plan for Learning Disabilities & Autism

- Continues the aspirations of the Transforming Care Programme (including STOMP)
- Responds to the findings of the national mortality review (LeDeR)
- Reiterates the directives of the NHS Improvement Standards

The Long-Term plan for Learning Disabilities & Autism

- Acknowledges that the needs of people with learning disabilities and the needs of people with autism can be very different and should be looked at separately.

- Makes a further commitment that the NHS will employ more people with learning disabilities and/or autism.

Tackle increased morbidity & preventable deaths

1. Increased Annual Health Checks (incl. Autism)
2. Increased use of Health Action Plans
3. Increased use of Hospital & Communication Passports
4. Increased collaboration and joint working between specialist and mainstream services
5. Increased service-user, family and carer involvement in care decisions
6. Named workers for people with long-term conditions – continuous relationship with health & social care services

Improve understanding of learning disabilities & autism within the NHS

1. Mandatory awareness (and communication) training in learning disabilities and autism for *ALL* NHS staff
2. Closer working between mainstream and specialist services
3. Inclusive services – reasonable adjustments. Particularly for the other clinical priorities:
   (Cancer, Mental Health, Cardiovascular & Respiratory Care)

Reduce waiting times for specialist services

1. Ensure children and young people get better and quicker diagnosis of autism
2. Ensure specialist community learning disability services include:
   - Multi-Disciplinary Support
   - Intensive Community Support Services
   - 7-day/week Crisis Services
   - Community Forensic Services (FOLS)

Promote community provision and ensure services are inclusive

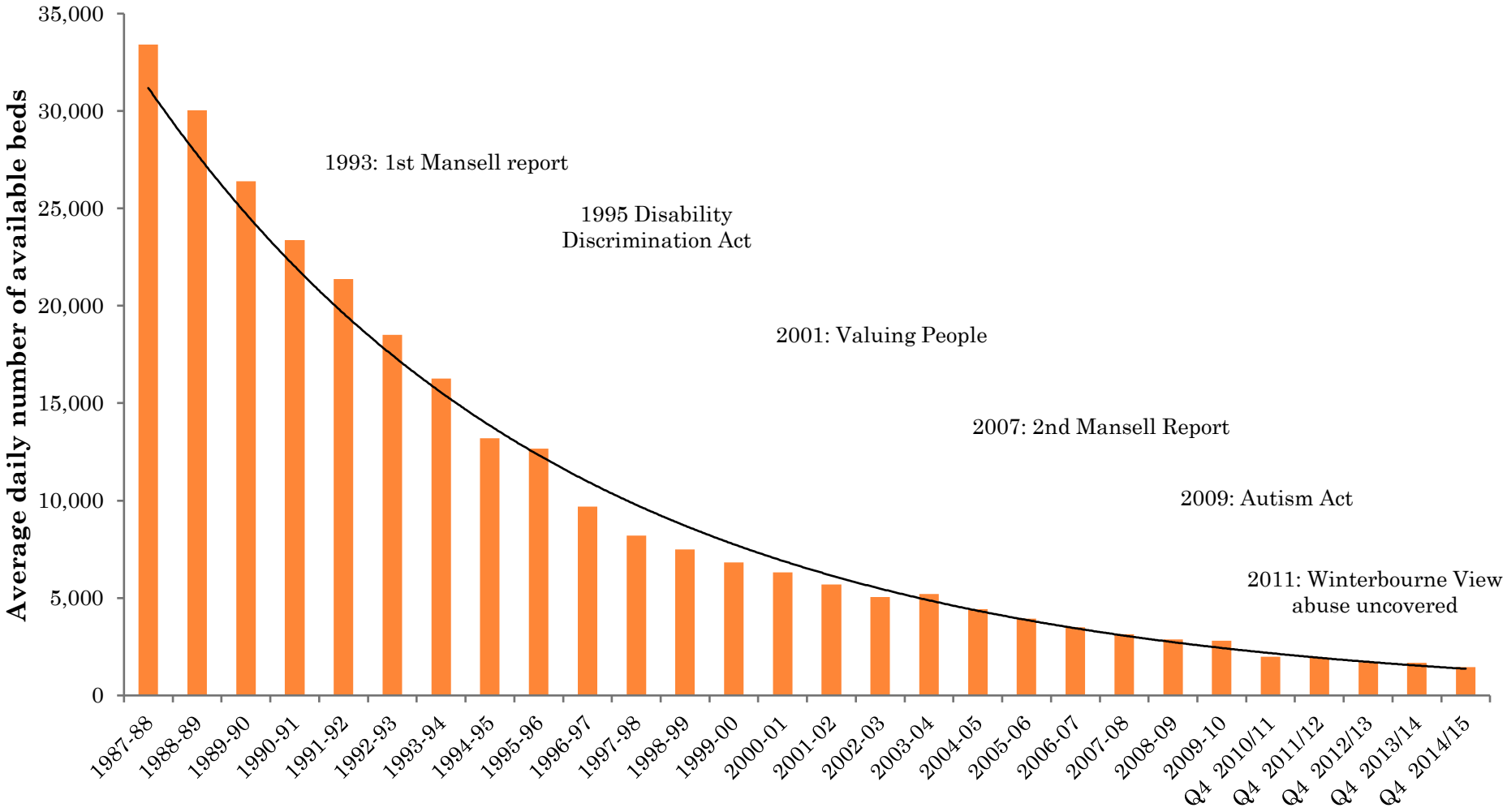
1. Ensure *ALL* NHS services make reasonable adjustments for people with learning disabilities and/or autism
2. Establish specialist clinics for hearing checks, eye tests and dental checks.
3. Employ key-workers/link workers to support access to services

Improve inpatient care across the NHS and independent sector

1. Mandatory awareness (and communication) training for ALL NHS staff
2. Increased use of Hospital Passports
3. Increased collaboration and joint working between specialist and mainstream services
4. Audit NHS Improvement Standards within acute hospital settings
5. Reduce lengths of stay
6. Stop overmedicating and ensure least restrictive approaches
7. Increased service-user, family and carer involvement in care decisions

Thank You!

Historic 'Learning Disability' Bed Usage in England & Wales



History of Policy relating to people with disabilities

1950's ***50,000 Outside the Law*** - Detention of people with disabilities is 'an affront to civil liberties'

1960's Minister for Health says "Mental hospitals" to close within 15years.
Education for all: 'no child is ineducable' (Stanley Segal)

1970's Normalisation – Ordinary life.
Community Care – Development of hostels

1980's Community Care Act, Citizenship,

History of Policy relating to people with disabilities

1990's	Mixed Care Economy: Health & Care *System*, Equality & Rights, Disability Discrimination Act
2000's	MCA, Valuing People (I&II), UN Convention on Human Rights, "Healthcare for all"
2010's	Winterbourne View, Death by Indifference, LeDeR, Transforming Care
2020's	Long-Term Pan, NHS Improvement Standards