Dreams can come true

Rachel Turner

12th March 2019

Learning Disabilities and Autism: Promoting Positive Outcomes

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Rachel Turner

- Ambassador
- Citizen
- Self advocate
- Disney Fan
- Man U supporter

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Dreams can come true

A happy ever after story by Rachel Turner.

- My story begins with me being brought up in care.

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- People are paid to help me and when people are paid to help you, you get scared the help will be taken away.

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- I haven’t learnt about a lot of the stuff that you need to know.

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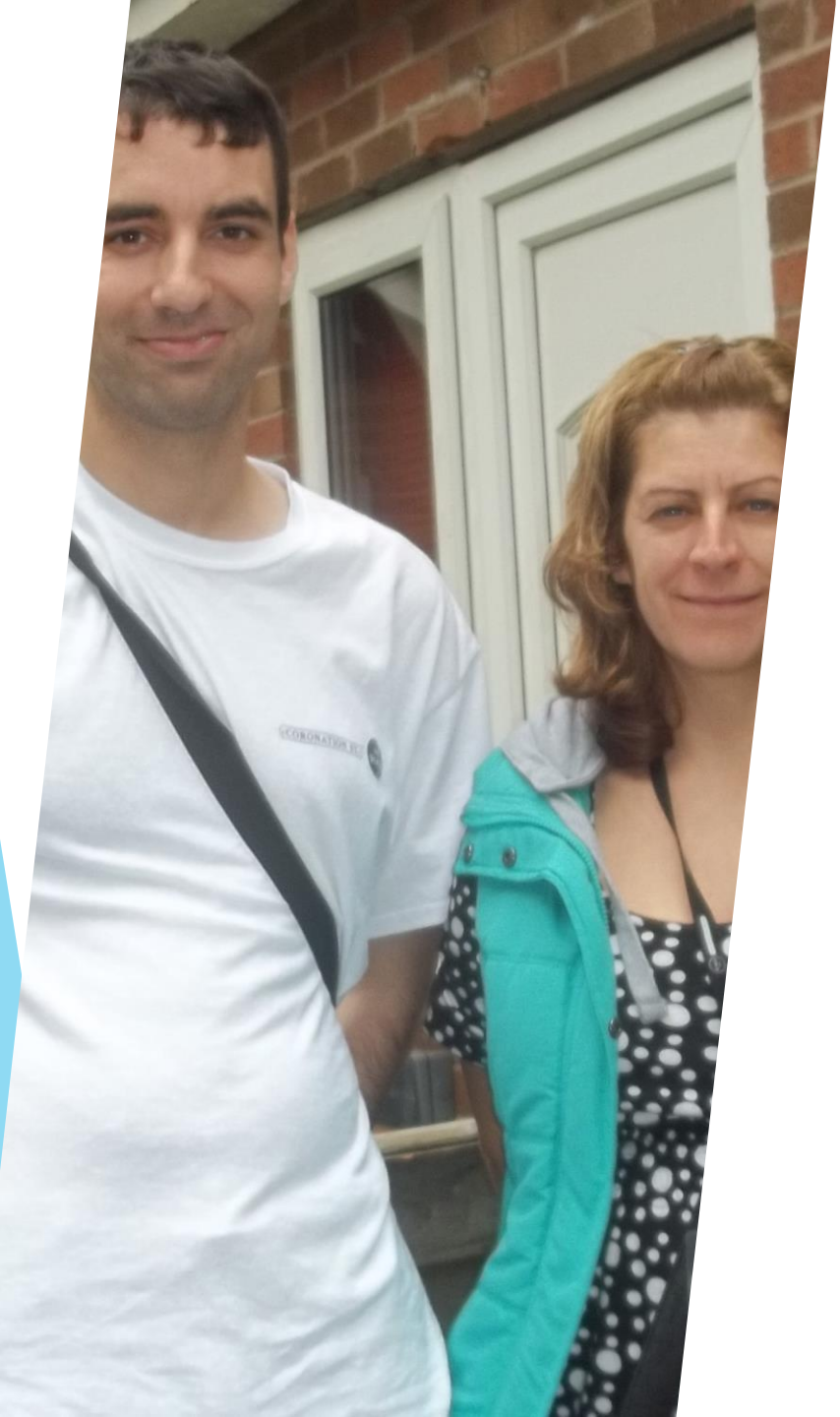

Shared Lives

- The best support I have ever had has been with Shared Lives and I want to be supported by Shared Lives again.

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Shared Lives

- I moved in with Richard, a Shared Lives carer, in September 2011.
- It was the week Manchester United beat Leeds United.
- The score was 3-0 to Manchester United.

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Shared Lives

- I liked learning about life from Sharon and Sylvana – they knew me, they made learning interesting, I trusted them, they helped me solve problems, just like I was part of their family.

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Ambassador Rachel

- I started working for Shared Lives Plus.
- I was proud of myself.

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Moving on

- I have learnt that I can do what I do because I am supported, not because support is taken away.

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Who cares?

- I have learnt I am not completely on my own and that I do have people in my life who care about me.

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Who cares?

- People in my work have become like friends.
- They help me not because it is part of their job but because they care.

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How to have a happy ending?

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How to have a happy ending (part 1)

- Don’t give up.
- Keep challenging.
- Believe you can achieve anything.

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How to have a happy ending (part 2)

- Don’t make assumptions about who we are and what we can do.
- Use what interests us to learn how to support us.
- Get to know us and the people who know us best.
- Ask how we want to be helped.

How to have a happy ending
(part 3)

- Believe in us.
- Understand us.
- Find out what a happy ending looks like for us as individuals.
- Hear what we are really saying
- If you say you are going to do something, do it.

And we can
all live
happily ever
after
THE END