

Increasing Independence with Digital Support

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Digital transformation of support services



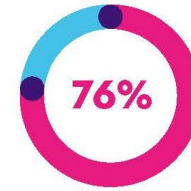
braininhand

personal technology for independent living

Who we are and why

- Our team includes professionals with backgrounds in healthcare, psychology, business, and education.
- We have both neurodiverse and neurotypical staff members in the Brain in Hand family.
- We are united by the vision of a future which puts people in control of their own lives, accessing professional support only when they need it.

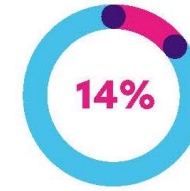
National Autistic Society 2019 Survey



76% of autistic adults told us they reached out for mental health support in the last five years.



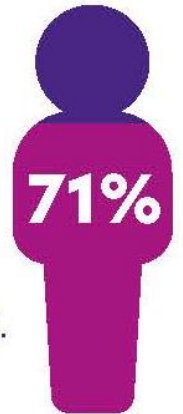
82% of autistic adults said the process of getting support from mental health services took too long.



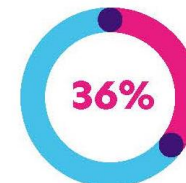
Only **14%** of autistic people said there were enough mental health services in their area to meet their needs.

Unmet mental health and social care needs:

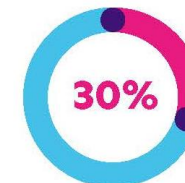
71% told us they are not getting the support they need, which could total as many as **327,000** autistic adults across England.



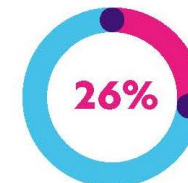
Access to wider support:



Just over a third (**36%**) of people who have gone through the transition to adults' services say they were fully involved.



Less than a third (**30%**) had enough time to prepare for the transition to adulthood.



Only a quarter (**26%**) said they were properly supported.

Applying Brain in Hand's experience to tailored care



empower
toolkit
self-care
enable
SUPPORTED
confidence
SELF-MANAGEMENT
PERSON CENTRED
development
INDEPENDENCE
linked support
STRENGTH
goals

The future of support services



Questions?

