



The UK's eating disorder charity

Ending the pain and suffering
caused by eating disorders

What were you doing
3.5 years ago?

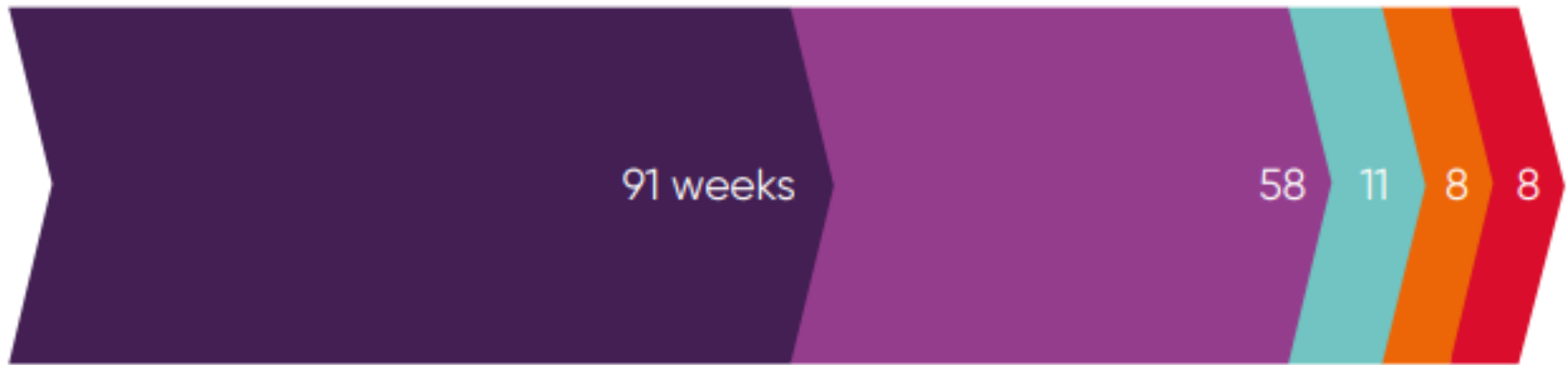


Beat
Eating disorders

3.5 years ago today...

Harry started to develop
eating disorder behaviours

3.5 years of pain and suffering before treatment starts



Average time (weeks) spent waiting for eating disorder treatment

■ Before realising they had an eating disorder

■ Between first GP visit and referral

■ Between assessment and start of treatment

■ Between realising and seeking help from GP

■ Between referral and assessment

It's only today that Harry
started receiving treatment



Averil Hart

Averil took up a place at University in September 2012, having been discharged from inpatient care the month before.

Her discharge from inpatient care and the move to a new environment and clinical service were potential risk factors for relapse.

Averil passed away in December 2012. An investigation by the Parliamentary and Health Service Ombudsmen concluded that there were numerous opportunities to save her life between her discharge from inpatient treatment and her death four months later.

An eating disorder is a mental health condition

Someone with an eating disorder uses food to cope with difficult feelings and emotions, to deal with stress and to feel in control.

University

Being away from their trusted support network.

Making and/or eating food in a new environment.

Telling new people about the eating disorder – or keeping it hidden.

A new GP or eating disorder service.

32%

said they were diagnosed with an eating disorder while at university.

39%

had to drop out or take a break from studies.

69%

had difficulties accessing treatment and support.

Recovery is possible

The sooner someone gets treatment, the more likely they are to make a full recovery

Beat, the UK's Eating Disorder Charity

Exists to end the pain and suffering caused by eating disorders.



A champion



A guide



A friend



Support students with eating disorders by

Bridging the Gap

Skills-based training from Beat,
the UK's eating disorder charity.

Beat
Eating disorders



THANK YOU

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