Eden Futures

# Environmental Revolution

# Introductions

Dave has over 24 years' experience in the social care sector, both with children and adults and is a qualified social worker. He has a wealth of experience at both practitioner and senior management level. Previous roles include founder and Director of Housing and Support Solutions Ltd and a variety of roles within the Local Authority Learning Disability Services. In 2014 Dave won the national care innovator award at the Great British Care awards. This was a great accolade in recognising his collaborative working with key stakeholders to bring new service models into the care market

Chris has been working in social care for over 10 years having started as a children's social worker. He has experience of working within the public, private and voluntary sectors of care gaining experience in complex disabilities and supported living throughout. Previous roles have included Relationship Management for two national supported living providers developing both new supported living and residential services for them in the UK.

# About Us

**650**

Service users cared for by over 1,100 members of staff

**Eden Futures supports people aged 18 and over who have learning disabilities, enduring mental ill health, autism and associated complex behavioural needs. We have worked for over 25 years with commissioning teams across England, engaging with them to provide innovative, community based supported living services for vulnerable people.**

We support more than 650 people across the Midlands and North of England, in more than 150 services . We are opening new services every year, designing services with the individual in mind, building and adapting services around them rather than attempt to fit a person into a service in a 'one size fits all' arrangement.

We employ more than 1,100 support workers and ensure that everyone is equipped with the skills necessary to support people living in our services. In our specialist services we develop our teams to understand challenging behaviour that reflects individual requirements and other associated complex needs.

Eden Futures

# Our Vision and Values

# Our Vision and Values

**Eden Futures' vision and values underpin the organisation's delivery of person-centred, asset-based and outcome-focused services to vulnerable individuals with autism, learning disabilities and mental ill health. Our overall aim as an organisation is to provide a high-quality service that empowers Service Users to lead normal lives, and to be the provider of choice.**

These values are underpinned not only by frontline Support Staff and operational teams, but also by staff in non-operational teams including service development, property management, finance and HR.

Our values are borne through the dedication and commitment of our employees who share a strong quality service ethos based on our six key values.

**Brave**

We encourage positive risk taking to help grow the horizons of those we support, and we encourage our employees to show courage and speak out if something is not right.

**Honest**

Those whom we support can be amongst the most vulnerable in society, and we expect the highest levels of integrity from our employees.

**Responsive**

As the needs of those we support change over time, our employees must be able to respond to that change in a positive way.

**Positive**

We expect our employees to remain positive in all their interactions – no matter how challenging the situation.

**Professional**

Employees of Eden Futures are expected to focus solely on the delivery of support without distraction or prejudice.

**Caring and Compassionate**

We expect our every action to be geared to the, wishes and feelings of those whom we support.

Eden Futures

# Supported Living and Physical Environment

# Why is the environment important in Supported Living?

The environment in supported living helps or hinders how we can support each individual. It is much like us in a normal home, our environment affects how we live, how we use the space and our mood/demeanour changes as we use it.

By taking into account individuals needs and any challenges that they may either present with or face we can design better environments that support the individual, help to decrease dependence upon support, further develop independence for individuals and help them to progress further and reach their goals.

# Eden's environmental revolution – History

## Historic

- Mainly shared 3-4 Bedroom Accommodation
- One size fits all approach

## 2012

- Collaborating with Nottinghamshire we built 18 Specialist Bungalows over 4 Locations

## 2015

- Following Winterbourne View, Eden alongside key partners such as OT's, Social Workers, Architects and our expert partners reviewed our bungalow model.

## 2016-2018

- With commissioner support from Derbyshire, we designed a new specialist bungalow scheme of 4 bungalows
- Completed in 2018, these were fully occupied by individuals transitioning from a local LD Mental Health Hospital

## 2021- Now

- Eden built another 17 specialist bungalows in Derbyshire and Hull for those with complex needs
- In 2022 a further 14 are opening across Leeds and Stoke
- There are plans across the next three years to deliver 28 more in partnership with LA's and CCG's.

# Our Bungalow Design - Internally

Thinking about how an environment can support or hinder an individual we look to design our complex bungalows for these needs. They are designed with high level, bespoke specifications, meaning that support can be provided for individuals who are more complex and for people with behaviours that challenge. Adaptations and design implementations include:

- Bungalows are larger than standard expectations 48- 52 sq.m
- Robust Construction Methods and Fixtures and Fittings
- Anti Ligature Fittings including IR Bathroom Goods
- Where required low arousal environments for those with Autism
- Lockable Doors for Risk Prevention taking into account capacity and DoLS
- LVT Flooring – Easy to replace
- Assistive Technology – Plug and Play – can create additional voice control
- Hidden heating options including Ceiling Radiators, Under-floor options or Therma-skirt
- Service cupboard, to maintain, boiler, Tmvs, utility cut off if required
- Anti Barricade Doors
- Internal Corridor for service access and as a safety egress

# Our Bungalow Design - Externally

External space is just as important as the internal space for individuals with complex needs. Design considerations for external space includes:

- Private Patio Space of at least 3m x 3m, people have had trampolines, hot tubs.
- Own front door access through an external corridor space
- High fences usually at 2.4m height to discourage absconsion, people subject to DOLLs and assist with  privacy
- Anti ligature fixtures – drainpipes clad in a profile, doors with handles removed
- CCTV for all communal entrances and individuals gardens if required
- Wheelchair accessible

# Supported Living - Case Study

## 44 Year old Female

## Detained in Hospital

- Aspergers, Mild Learning Disabilities, Mental Health and Risky Behaviours
- First admitted to Mental Health Services at 17, and detained in hospital under section 37 and in total has been detained 14 times
- Long History of Placement Breakdowns due to Chaotic Lifestyle and Risky Behaviours
- Damage to property in previous placements
- Imprisoned previously for Assault and 7 other offences of assault and battery
- Referred to Eden Futures as part of the Local Authorities TCP Cohort

## Joined Eden

- Currently lives in one of our Specialist Accommodation, with a secure tenancy
- Initially started with a support package of 105 1:1 Hours and background support
- Support package is continuing to reduce over time.
- Increased community integration and activities including independent time in the community.

## Aspirations for the future

- Planning for future transition to an individual tenancy in the community with outreach support.

Support
Enablement
Independence

Eden Futures

# Virtual Tours- Through the Key Hole

Bungalows

Presented by SoHo
Bungalows- Hemswell Avenue, Marfleet
1
2
3
4
5
6
7
8
Help | Terms
Matterport

Eden Futures

Any Questions?

Contact details

David.Whittock@edenfutures.org
Christopher.Rogers@edenfutures.org

https://www.edenfutures.org/