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CYP mental health service

Xyla Digital Therapies

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- We are a pioneering mental health service in the UK
- We provide the UK's leading adult IAPT service
- Part of Acacium Group, the UK's largest healthcare solutions partner
- Delivered over 250,000 appointments
- Work with over 100 CCGs across England

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My experience with getting mental health support

Why have we created a CYP platform?

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- Meet the needs of children and young people
- Shortage on the support available
- Provide accessibility & choice

CYP platform – key features

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- Privacy
- Choice
- Functionality
- Design

I've been struggling recently.
Feeling confused about my relationship.

Developing the CYP platform

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- Created for young people, by young people
  - Project scoping
  - Design and review process
  - Inclusive language
  - Animation
  - Development and user testing

Benefits to the system

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- Increasing capacity by utilizing out of hour appointments
- Decrease wait time for treatments and prevent escalation to crisis teams
- We work within the framework ‘Getting help, Getting more help’

What sets us apart

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- Interoperability
- Aligned clinical pathways
- Joint management of clinical risk
- Real live data – partner portal

Roadmap

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- Launching with first NHS client in early 2023
- Working with our first partner and future partners to further develop the platform to meet the changing need of services
- Strategic solution that supports whole systems, aligned to the ICS landscape

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