My Life My Choice

Don’t Lock Us Away

MLMC Champions

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Speakers

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Introductions And About Us

My Life My Choice

About us

Lead and run by people with a learning disability

We make sure the views of people with learning disabilities are taken seriously

Over 700 members across Oxfordshire and beyond

Don’t Lock Us Away Campaign

What have you done since 12 June 2018?

1950 days is the average time someone with a learning disability is in an Assessment Treatment Unit.

That's the same time as 278 1 week long family holidays.

What do we want to happen?

Close Assessment Treatment Units

Build the Right Homes.

Get People Home

Why this campaign?

- We are disgusted that people with learning disabilities are still being trapped in long stay hospitals.
- We think everyone should have support to live in the community – not be **locked away!**
- We believe the government is not doing enough to make this happen.

What have we done so far?

- Began work on an Easy Read Get People Home Guide with our local mental health trust.
- Got support from the British Institute of Human Rights to add accessible information on using rights to our guide.
- Launched a network with 6 other used led organisations to push the government to take action.

What next?

Complete and print out our How to Get Home Guide.

Train our members with lived experience to use the guide and take it to people in hospital.

- Work with our partners in our network to develop a manifesto of demands for the government.

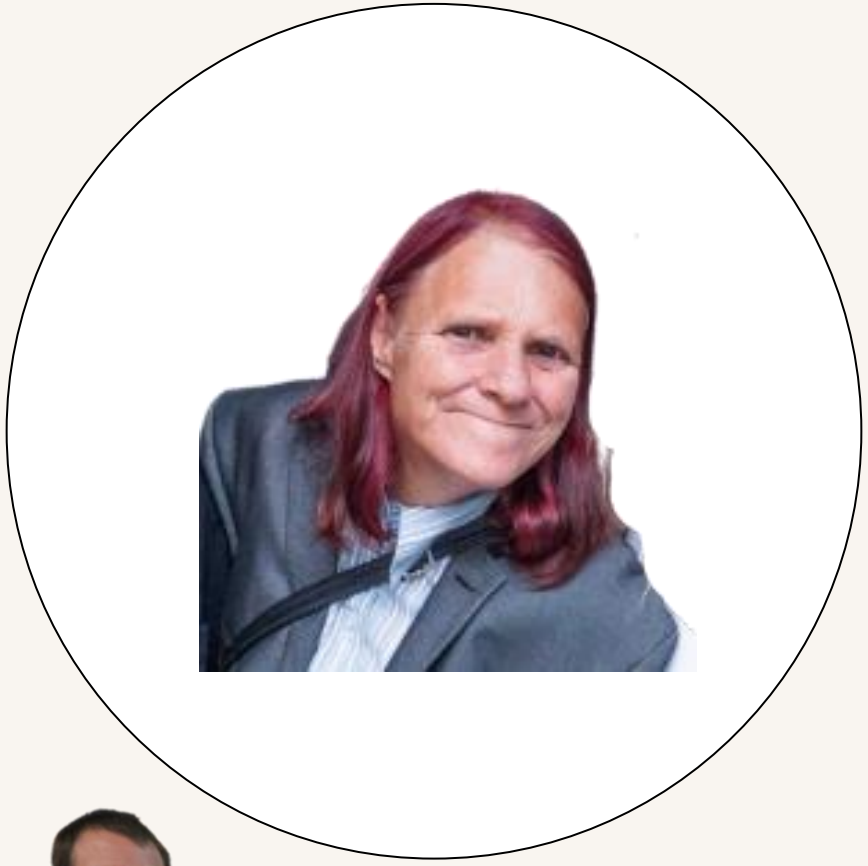
How could we work together?

Help us put pressure on the government and politicians.

Share facts, figures and information that we can use in our campaign

Work with us to make sure people who are locked away, are helped to get home.

What our Champions say



Pam’s Story

What our Champions say

Leslie Hunt- "It was horrible being restricted and I was treated not very good. I was told what to do and when to eat and sleep. I have my own home and freedom, which is what it should be for everyone and I can go to bed when I want"

Any questions?

Thank you!

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